



***We are pleased to welcome these fine MASSAGE THERAPISTS to the Gym at Eldorado!***

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**JOHN "OBIE" OBERHAUSEN**

**State and Nationally Certified Massage Therapist**

**Swedish and therapeutic massage including lymphatic, pregnancy, intuitive, sports,  
Trager, Feldenkreis, chair and Orth-Bionomy.**

**112 Hours medical massage program including fascial release, trigger point therapy,  
and therapeutic exercise.**

**Current and/or past work includes: Top of the Marcy Spa; Body, Inc.; Massage and Banya Spa;  
Spa at the Park; Tone Women's Spa**

**505.690.7462**

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**CAREY BENENSON**

**Certified Esalen® Massage Practitioner**

**European Trained. Relaxation massage integrating long flowing strokes together with  
deeper soft tissue assessment and stretching.**

**To find out more about Esalen®, log onto:**

**[http://www.esalen.org/esalenmassage/html/what\\_is\\_esalen\\_message\\_.html](http://www.esalen.org/esalenmassage/html/what_is_esalen_message_.html)**

**Therapeutic techniques\* can also be incorporated into the massage  
upon individual need to help syndromes such as:**

**Whiplash; Migraines; Backpain; TMJ Syndrome; Low Immunity; Chronic Fatigue;  
Postpartum/Pelvic Floor Pain ; Referred Pain**

**\*Extensive training in Positional Release, Myofacial Release, Cranial Sacral Therapy,  
Strain Counterstrain, and Muscle Energy techniques.**

**505.920.0391**

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**For more information regarding individual styles, techniques and availability,  
please contact the therapist directly.**

***Thank you and Enjoy!***